

Coningswath

A walk to Coningswath (The King's Ford) with views of the meandering River Maun before it meets the River Meden at Conjure Alder.



Park on roadside on the corner of Boughton Brake and head north along the bridleway. Pause at the spots where there are fine views over the River Maun.

Coningswath is often very muddy!

The walk from Boughton Brake to Coningswath is about a mile and a half.

Many perambulations of the boundary of Sherwood Forest started at Coningswath. The name is old Scandinavian for King's (Cuninges) wade (wath) or ford. The walk follows the line of the King's road to York to where it forded the River Meden.