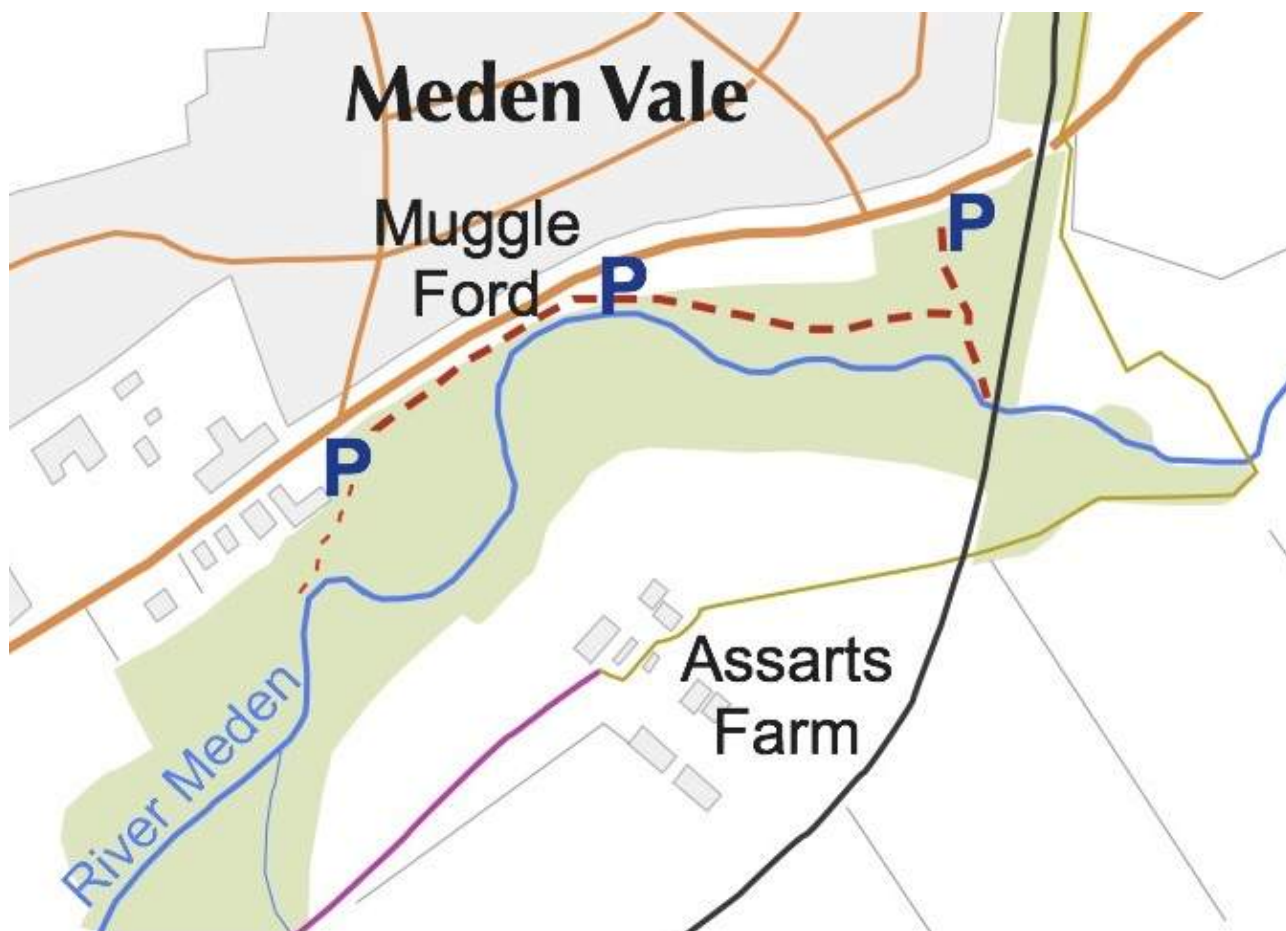


The Bottoms

A short walk around a local nature reserve past natural stretches of the River Meden.



The Bottoms is reached from the road between Church Warsop and Buddy. The car parks are between the village of Meden Vale and the River Meden. The best car park for this walk is next to the garage and shop, opposite Eastlands School.

Follow the mown paths to reach sections of the meandering river.

A walk around this part of The Bottoms is less than a mile in length.

Muggle Ford is an ancient river crossing named on old maps. The Bottoms Local Nature Reserve contains wet deciduous woodland with good riverside habitats along the River Meden which runs through the reserve. Birds that may be seen along the river include the Kingfisher.